These recommendations were developed using generally accepted safety standards. Compliance with these recommendations is not a guarantee that you will be in conformance with any safety regulations nor does it ensure the absolute safety of your occupation or place of business. Safety and health remain your responsibility.

WALK LIKE A PENGUIN
STAY SAFE ON THE ICE!

- Walk flat-footed and bend your knees slightly.
- Take short steps or shuffle for stability.
- Keep your arms out and your hands free.

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