

## First Aid Kit Supply Checklist

Item	Yes	No
Adhesive Tape 1/2" x 5 yards		
Alcohol Pads		
Burn Crème		
Content Card		
Dressing Pads, Sterile 2" x 2"		
Dressing Pads, Sterile, 3" x 3"		
Elastic Bandage, 2" x 5 yards		
Emergency Blanket		
Eyewash		
Exam Gloves, Non-Latex		
First Aid Crème		
First Aid Manual		
Forceps		
Liquid Glucose		
Aspirin		
Extra Strength Pain Reliever		
Non-Aspirin		
Ibuprofen		
Gauze Sponge		
CPR pocket mask or barrier		
Plastic Adhesive Bandages, Sterile, 1"x3"		
Safety Glasses		
Scissors		

Smelling Salt		
Steri-Strips		
Stretch Bandages, Sterile, 2"		
Triple Antibiotic Ointment		
Tweezers		
<b>Additional Items to Consider</b>	<b>Yes</b>	<b>No</b>
Instant chemical cold pack(s)		
List of emergency phone numbers (paramedics, hospital emergency room)		
Liquid soap		
Sterile cotton-tipped swabs or applicators		
Povidone iodine 10% solution (Betadine)		
Antiseptic towelettes		
Splinting and Sling Material		
Cravat cloth (triangular bandage)		
2", 3", and 4" elastic wrap (Ace*)		
Splints (2)		
Finger splints		
Sterile eyewash, 1 oz (30 ml)		
Diphenhydramine (Benadryl), 25 mg capsules		
Stretcher		
AED (automated external defibrillator)		

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